

Wake Up

*"Truly Alive"*

**Annual 'Wake Up' Young People's  
Retreat at Plum Village**

**22-27 August 2010**

**REGISTRATION FORM**

Please send this completed form to: [registrationwakeupaugust2010@yahoo.com](mailto:registrationwakeupaugust2010@yahoo.com)

OR by post with payment to: 2010 PV WKUP retreat, Village des Pruniers, LE PEY 24240 THENAC, FRANCE

**1. PERSONAL DETAILS**

First name: \_\_\_\_\_ Family name: \_\_\_\_\_  
Gender: Male  Female  Age: \_\_\_\_\_  
Email: \_\_\_\_\_  
Landline tel. no: \_\_\_\_\_ Mobile tel. no: \_\_\_\_\_  
Address: \_\_\_\_\_  
Town: \_\_\_\_\_ Postcode: \_\_\_\_\_  
Country: \_\_\_\_\_

**2. ARRIVAL INFORMATION**

We will meet everyone arriving at Ste Foy La Grande train station on 22<sup>nd</sup> August, and will take everyone leaving on the 27<sup>th</sup> August. We ask for a contribution of €5 each way. (We cannot offer rides to or from the station on any other days.) The retreat will start at dinner time on 22<sup>nd</sup> August and will finish after lunch on the 27<sup>th</sup> August.

Means of transport to Plum Village: Train  Car  Taxi  Other

If by train, please give train arrival time at Ste Foy La Grande on 22 Aug: \_\_\_\_:\_\_\_\_ HRS

**3. EMERGENCY CONTACT**

Name: \_\_\_\_\_

Relation to you: \_\_\_\_\_

Tel.: \_\_\_\_\_ Email: \_\_\_\_\_

Are you taking any medication at the moment? Yes  No

If yes, please specify what medication: \_\_\_\_\_

Name of issuing Doctor: \_\_\_\_\_

Doctor's contact telephone no.: \_\_\_\_\_

All non-French participants in the retreat are encouraged to take out their own personal travel insurance.

**Liability waiver:** The following signature indicates that the participant relieves Plum Village from all liabilities in the event of any injury or illness incurred while visiting Plum Village.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### 4.METHOD OF PAYMENT (Euros only):

Euro cheque

Bank transfer

Postal mandate

*(Please do not send*

*cash.)*

**TOTAL AMOUNT enclosed:** € \_\_\_\_\_

**The cost of the retreat is 120 Euros per person**

**(+ €5 for the ride from the station each way)**

It is possible for you to pay a deposit of €30 to secure your place, and then pay the rest on arrival. If you make a Bank transfer, please send receipt of transfer with registration form

**CHEQUE or POSTAL MANDATE:** Cheques should be made payable to “Eglise Bouddhique Unifiée”, and please write “WKUP Retreat” on the back. \*Please do not send cash\*!

**BANK TRANSFER:** You can make a bank transfer of the whole amount, identified for ‘2010 PV WKUP retreat’, into the following account:

Address: EGLISE BOUDDHIQUE UNIFIEE Le Pey-Thenac 24240 Sigoules – France Tel: 0553584858 Bank name: LA BANQUE POSTALE (BORDEAUX) International Banking Account Number (IBAN): FR91 2004 1010 0110 8159 7T02 251 Bank Identifier Code (BIC): PSSTFRPPBOR. After done so, please send by post or email to us your proof of transaction.

#### **FURTHER INFORMATION:**

**LOCATION:** The retreat will take place at Plum Village, the main address there is:

Plum Village Upper Hamlet, LE PEY 24240 THENAC, FRANCE

Emergency contact **only** : (+33) 5 53 58 59 33

**LODGING:** Young men will camp in Upper Hamlet with the monastic brothers; young women will camp in Middle Hamlet with the monastic sisters.

Please bring your tent and bedding (including mattress and pillow).